

First Aid

The American Red Cross First Aid Basics.

12 & up: May 9, Sat, 9-11am 311222.1A
Location: Longmont Recreation Center, 310 Quail Rd
12 & up: Jul 9, Thur, 5:30-7:30pm 311222.1B
Location: Sunset Pool, 1900 Longs Peak Ave
Fee: \$50 resident / \$62.50 non-resident

We will bring CPR, AED, and/or First Aid Classes to your group of 6 or more! Please contact Heather at heather.deal@longmontcolorado.gov to set up a date(s).

Wilderness and Remote First Aid

Gain the knowledge and backcountry skills to be able to respond to emergencies and give care in areas that do not have immediate emergency medical services (EMS) response. This includes wilderness and remote environments, including urban disasters. Must have CPR certification prior to class.

14 & up: Aug 7, Fri, 5-9pm & Aug 8, Sat, 9-5pm 311224.1A
Location: Longmont Recreation Center, 310 Quail Rd
Fee: \$75 resident/ \$93.75 non-resident

Adult Athletics

Adult Outdoor Archery

Archery is great for improving strength and concentration. Covers shooting skills, safety, scoring, types of equipment and terminology. All equipment is provided.

18 & up: May 20-Jun 10, Wed, 6-7:30pm 312342.B1
Jun 24-Jul 15, Wed, 6-7:30pm 312342.B2
Jul 29-Aug 19, Wed, 6-7:30pm 312342.B3
Instructor: Andrew Bennett, Level 2 Archery Instructor
Location: St Vrain Archery Club, S of Hwy 119 on WCR 5
Fee: \$60 resident/\$75 non-resident

Tennis Lessons

Please wear tennis shoes and bring a racquet and water bottle.
Location: Hover Park, 1361 Charles Dr

Ages 18 & up - Beginner: Tuesday/Thursday
Dates: Jun 2-18, 6-7pm 312606.T1
Jun 30-Jul 16, 6-7pm 312606.T2
Jul 28-Aug 13, 6-7pm 312606.T3
Fee: \$50 resident/\$62.50 non-resident

Ages 18 & up - Advanced Beginner: Tuesday/Thursday
Dates: Jun 2-18, 7-8:30pm 312616.T1
Jun 30-Jul 16, 7-8:30pm 312616.T2
Jul 28-Aug 13, 7-8:30pm 312616.T3
Fee: \$75 resident/\$93.75 non-resident

Adult Pickleball

Check out this fun, unique game best described as a hybrid of tennis and badminton. Join other active seniors up to four times per week.

55+ years: Monday-Thursday, 2-4pm
Location: Longmont Recreation Center, 310 Quail Rd
Fee: Daily Admittance

Senior Golf Association

Get out and play 9 holes of golf with other senior golfers at Sunset Golf Course. All levels welcome; no GHIN number required. This fun, noncompetitive, weekly group plays Fridays, May 15 through mid-October. Registration taken at the Longmont Senior Center.

Fee: \$16 resident/\$19 non-resident 287003.01
Informational Meeting: Apr 30, Thurs, 2pm,
at Longmont Senior Center, 910 Longs Peak Ave

Summer and Fall Coed Kickball

Break out the old rubber ball and come play kickball. This is a coed recreational kickball league played between two teams of 9 players – great for business teambuilding! Register through June 1 for summer and July 6-Aug 16 for Fall at the Longmont Recreation Center or on-line (packets available on-line).

16 to Adult: Garden Acres Ball Field, 2058 Spencer St
Summer Dates: Jun 9-Jul 28, Tuesdays
Fall Dates: Aug 25-Oct 16, Tuesdays
Total Team Fee: \$270
Two Payment Option: \$140 each payment = \$280

Summer and Fall Softball

Men's, Women's and Coed leagues are offered for ages 16 to adult. Register through Apr 26 (summer) or Jul 6-Aug 16 (Fall) at the Longmont Recreation Center or on-line (packets available on-line). Summer teams play 12 games, Fall teams play 8 games.

Summer Dates: May 4-Mid August
Total Team Fee: \$650
Three Payment Option: \$220 each payment = \$660
Free Agent Fee: \$60 resident/\$75 non-resident
Fall Dates: Aug 24-Oct 16
Total Team Fee: \$450
Two Payment Option: \$230 each payment = \$460
Free Agent Fee: \$44 resident/\$55 non-resident

Summer Adult Basketball

Two classifications of play offered, recreational and leisure. Register May 4-June 8 at the Longmont Recreation Center or on-line (packets available on-line). Each team plays 8 games. Must be 18 years old.

Wed Recreation League: Jun 10-Aug 5
Location: St Vrain Memorial Building, 700 Longs Peak Ave

Thurs Leisure League: Jun 11-Aug 6
Location: Longmont Recreation Center, 310 Quail Rd
Total Team Fee: \$400
Two Payment Option: \$205 each payment = \$410
Free Agent Fee: \$50 resident/\$62.50 non-resident

Fall Flag Football

Men's 8v8 Competitive and recreational leagues are offered. Registration accepted at the Longmont Recreation Center or on-line (packets available on-line). Register July 27 through August 24. Each team plays 8 games beginning Sept 1.

18 to adult:
Sandstone Ranch Turf Fields, 3001 E Hwy 119
Fall Dates: Sept 1 – Oct 20
Total Team Fee: \$470
Two payment option: \$240 each payment = \$480
Free Agent Fee: \$48 resident/\$60 non-resident

Sign up as a free agent in Adult Team Sports!
Free Agents are individuals who don't have a team, but want to play in an adult sports league.
Free agents will be combined to form a team(S).
Free agent registration is available on-line.



SKYHAWKS SPORTS

Skyhawks provides a wide variety of fun, safe and positive programs that emphasize critical lessons of sports and life, such as teamwork, respect and sportsmanship. Our programs are designed to give each child a positive introduction into sports while fostering a lifelong love for an active, healthy lifestyle. Our patient and knowledgeable staff use a variety of skill-building games and activities to give each athlete a complete understanding and overview of the sport. Since 1979 Skyhawks has taught over one million boys and girls life lessons through sports. All campers receive a t-shirt and merit award/player evaluation for each camp.

Skyhawks Evening Soccer Camp

Not sure if your child is ready for a large camp environment or simply looking to give them an introduction to a new sport? In this evening program the basics of soccer are introduced in a fun, safe environment with lots of encouragement. Children learn balance, body movement, hand/eye coordination and skill development through a series of soccer specific games.

Soccer

3 to 4 years:	June 22-26, Mon-Fri, 4-4:45pm	312290.E1
	Jul 27-31, Mon-Fri, 4-4:45pm	312290.E7
4 to 6 years:	June 22-26, Mon-Fri, 5-5:45pm	312290.E2
	Jul 27-31, Mon-Fri, 5-5:45pm	312290.E8
6 to 8 years:	June 22-26, Mon-Fri, 6-6:45pm	312290.E3
	Jul 27-31, Mon-Fri, 6-6:45pm	312290.E9

Location: Willow Farm Park, 901 S Fordham
Fee: \$45 resident/\$56.25 non-resident

Skyhawks Mini-Hawk

This multi-sport program 4-7 year olds a positive first step into athletics. Baseball, basketball and soccer are taught in a safe, structured environment filled with lots of encouragement and a big focus on fun. Through games and activities, campers explore balance, hand/eye coordination and skill development at their own pace. Camper to coach ratio is 8:1

4-7 years:	Jun 1-5, Mon-Fri, 9am-12pm	312290.H1
	Jun 15-19, Mon-Fri, 9am-12pm	312290.H2
	Jul 6-10, Mon-Fri, 9am-12pm	312290.H3
	Jul 27-31, Mon-Fri, 9am-12pm	312290.H4

Location: Carr Park, 21st Ave and Gay St
Fee: \$114 resident/\$142.50 non-resident

Skyhawks Indoor Volleyball

All aspects of volleyball are taught through drills and exercises that focus on passing, setting, hitting and serving. This coed program is designed for the beginning and intermediate player. Our staff will assist campers in developing fundamental skills through game-speed drills and daily scrimmages aimed at developing the whole player. Camper to coach ratio 12:1

7 to 14 years:	Jun 1-5, Mon-Fri, 9am-12pm	312290.V1
	Jul 27-31, Mon-Fri, 9am-12pm	312290.V2

Location: Longmont Recreation Center, 310 Quail Rd
Fee: \$114 resident/\$142.50 non-resident

Skyhawks Tennis with Quickstart

Skyhawks Tennis with Quickstart is a new format to help kids ten and under learn and play tennis. The court is smaller and has shorter nets, the racquets are smaller and the balls are foam. Athletes will also learn the rules and etiquette that make tennis such an exciting game to play. Due to limited court space, these programs fill up quickly. Camper to coach ratio 8:1

5 to 9 years:	Jun 8-12, Mon-Fri, 9am-12pm	312290.Q1
	Jun 29-Jul 3, Mon-Fri, 9am-12pm	312290.Q2

Location: Affolter Tennis, Holly Ave and S Judson St
Fee: \$114 resident/\$142.50 non-resident

Skyhawks Basketball

This fun, skill-intensive program is designed for the beginning to intermediate player. Using our progressive-oriented curriculum, our staff will focus on the whole player, teaching respect, teamwork and responsibility. An active week of passing, shooting, dribbling and rebounding makes this one of our most popular programs. All participants receive a basketball. Camper to coach ratio is 10:1.

7 to 12 years:	Jun 8-12, Mon-Fri, 9am- 3pm	312290.B1
	Jul 6-10, Mon-Fri, 9am-3pm	312290.B2

Location: Longmont Recreation Center, 310 Quail Rd
Fee: \$134 resident/\$167.50 non-resident

Skyhawks Tennis

Skyhawks tennis focuses on skill refinement as well as practice and match play to develop consistent well-rounded tennis players. Players learn proper grips, footwork, strokes, volleys and serves during a series of drills designed to teach skills in a fun and dynamic way. Athletes also learn the rules and etiquette that make tennis an exciting game. Due to limited court space, these programs fill quickly. Camper to coach ratio 8:1.

7 to 13 years:	Jun 8-12, Mon-Fri, 9am-12pm	312290.T1
	Jul 13-17, Mon-Fri, 9am-12pm	312290.T2

Location: Affolter Tennis, Holly Ave and S Judson St
Fee: \$114 resident/\$142.50 non-resident

Skyhawks Baseball

Skyhawks baseball takes the rich history of the game from Cooperstown to your town. Staff use a progressive-oriented curriculum to teach the fundamentals of fielding, catching, throwing, hitting and base running, all in a fun, positive environment. Specifically designed for beginning and intermediate players, this program teaches athletes new baseball skills along with vital life lessons such as respect, teamwork and responsibility. The participant-to-coach ratio is approximately 12:1.

6 to 12 years:	Jun 15-19, Mon-Fri, 9am-12pm	312290.L
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Location: Sandstone Ranch Baseball #4,
2525 E Hwy 119
Fee: \$114 resident/\$142.50 non-resident

Cheerleading

Skyhawks Cheerleading teaches the essential skills to lead crowds and support the home team! There is no stunting in this entry level program, just a big focus on fun while each cheerleader learns cheers, proper hand & body movements and jumping techniques plus important life skills such as teambuilding and leadership. The week concludes with a choreographed performance. All campers receive pom-poms. Participant to coach ratio 10:1.

5 to 9 years:	Jun 22-26, Mon-Fri, 9am-12pm	312290.C
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Location: Sandstone Ranch Turf Fields,
3001 E Hwy 119
Fee: \$114 resident/\$142.50 non-resident

Skyhawks Golf

Skyhawks Golf focuses on building the confidence of young athletes through proper technique and refining the essential skills of the game. Golf is a challenging and lifelong sport, so young athletes need proper focus on the fundamentals of form, swinging, putting and body positioning. Skyhawks uses the SNAG (Starting New At Golf) system which is designed for the entry-level player. Please do not bring your own clubs - all equipment is provided. Camper to coach ratio 8:1.

5 to 8 years:	Jun 22-26, Mon-Fri, 9am-12pm	312290.G
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Location: Sandstone Ranch Turf Fields,
3001 E Hwy 119
Fee: \$114 resident/\$142.50 non-resident

Skyhawks Soccer

Developed over 30 years, this is the number one soccer camp for parents looking to introduce their children to the fundamentals of the worlds' most popular sport. Using our progressive-oriented curriculum, focusing on dribbling, passing, shooting and ball control, your young athlete will gain the technical skills and sport knowledge required for that next step into soccer. Includes soccer ball. Camper to coach ratio 14:1

6-12 years	Jul 13-17, Mon-Fri, 9am-3pm	312290.S
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Location: Garden Acres west field, 2058 Spencer St
Fee: \$134 resident/\$167.50 non-resident

Skyhawks Flag Football

Flag Football is the perfect introduction to "America's Game". Campers learn skills on both sides of the football including the core components of passing, catching and defensive positioning - all presented in a fun and positive environment. The week ends with the Skyhawks Sports Bowl! All participants receive a football. The participant-to-coach ratio is approximately 12:1.

6 to 12 years:	Jul 20-24, Mon-Fri, 9am- 3pm	312290.F
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Location: Garden Acres west field, 2058 Spencer St
Fee: \$134 resident/\$167.50 non-resident

Summer Free Event

Rockies Skill Challenge

For boys and girls ages 6-13 as of December 31, 2015. Participants will compete in throwing, running and hitting. Boys and girls compete separately in four age divisions (6/7, 8/9, 10/11 & 12/13). Winners in each age and gender group will advance to a sectional competition. The winners of the sectional competition move on to the state competition at All Star Stadium in Lakewood in August. Registration forms will be available at the competition. Participants must provide a copy of their birth certificate on the day of the competition. Adult signature is required to participate.

Date: Saturday, June 13, 2015
Event Time: 9:00-10:30am
Location: Sandstone Ranch Ballfields, 3001 E Hwy 119

Tri Peaks Youth Triathlon Team

The goal of the Youth Triathlon Club is to develop swimming, cycling and running abilities while promoting a healthy, active lifestyle – all while having fun! Daily focus on run, swim, or bike.

8 to 17 yrs: Kick Off Meeting: Sun, Apr 12, 4pm
Apr 12-May 28, T/Th/Su, 4:30-5:30pm 223611.2
Location: Centennial Pool, 1201 Alpine St.
Fee: \$120 resident/ \$150 non-resident
8 to 17 yrs: Jun 1- Jul 31, Mon & Fri, 10:30-11:30am,
Tues 10:30-11:45am 326400.1
Location: Sunset Pool, 1900 Longs Peak Ave.
Fee: \$105 resident/\$131.25 non-residents

Speed & Agility Camp

Are you ready to take your game to the next level and leave the competition in the dust? This unique training program is designed to help you; decelerate quicker, accelerate in open space faster, develop explosive leaping ability, perform at your peak longer and become a playmaker in your chosen sport. Please wear gym clothes and non-marking shoes and bring a water bottle.

12-18 yrs: May 4-27, Mon/Wed, 4-5pm 312292.M1
Jun 1-24, Mon/Wed, 4-5pm 312292.J1
Instructor: Eric Lee
Location: Longmont Recreation Center, 310 Quail Rd
Fee: \$100 resident/\$125 non-resident

CARA Track Team

This program exposes participants to a variety of track and field events in a recreational atmosphere. Participants have the opportunity to gain exposure to and compete in a variety of track and field events appropriate to age and skill level. Saturday meets are held along the Front Range. A copy of a birth certificate is required at time of registration (or at first practice if registering on-line). Register according to child's age as of Aug 1, 2015. Bring water bottle to practice.

Days/Dates: Jun 2-Jul 25, Tues/Thurs; Sat meets
5 to 10 years: 8- 9:15am 312263.50
11 to 16 years: 9:30-11am 312263.16
5 to 16 years: 6- 7:30pm 312263.EV
Location: Skyline High School, 600 E Mountain View
Fee: \$80 resident/\$100 non-resident



CARA Tennis Team

For players with previous tennis experience. Inter-City competition of a low-key nature will be available for those wishing to participate on Fridays. Participants must provide a copy of their birth certificate at time of registration. Please register according to child's age as of Aug 1, 2015. Times, dates and location of practices are subject to change based on registration.

Days/Dates: Jun 1-Jul 25, Mon-Wed; Fri matches
8 to 10 years: 9-10am 312261.10
11 to 12 years: 10-11am 312261.12
13 to 14 years: 11am-12pm 312261.14
15 to 18 years: 8- 9am 312261.18
Location: Carr Park, 21st Ave and Gay St
Fee: \$80 resident/\$100 non-resident

Youth Tennis Lessons

All Tennis lessons are for beginners. Lessons for 4-10 year olds will use the Quickstart Tennis format. Participants must supply their own racket. Balls will be provided.

Dates/Days: Jun 1-17, Monday/Wednesday
4 to 6 years: 8:30- 9am 312600.M1
7 to 8 years: 9:05-10:05am 312601.M1
9 to 10 years: 10:10-11:10am 312602.M1
11 to 12 years: 11:15am-12:15pm 312603.M1

Dates/Days: Jun 29-Jul 15, Monday/Wednesday
4 to 6 years: 8:30-9am 312600.M2
7 to 8 years: 9:05-10:05am 312601.M2
9 to 10 years: 10:10-11:10am 312602.M2
11 to 12 years: 11:15am-12:15pm 312603.M2

Dates/Days: Jul 27-Aug 12, Monday/Wednesday
4 to 6 years: 8:30-9am 312600.M3
7 to 8 years: 9:05-10:05am 312601.M3
9 to 10 years: 10:10-11:10am 312602.M3
11 to 12 years: 11:15am-12:15pm 312603.M3

Dates/Days: Jun 2-18, Tuesday/Thursday
4 to 6 years: 8:30- 9am 312600.T1
7 to 8 years: 9:05-10:05am 312601.T1
9 to 10 years: 10:10-11:10am 312602.T1
11 to 12 years: 11:15am-12:15pm 312603.T1
13 to 17 years: 5- 6pm 312605.T1
Advanced Beginner 9 to 12 years: 4-5pm 312615.T1

Dates/Days: Jun 30-Jul 16, Tuesday/Thursday
4 to 6 years: 8:30- 9am 312600.T2
7 to 8 years: 9:05-10:05am 312601.T2
9 to 10 years: 10:10-11:10am 312602.T2
11 to 12 years: 11:15am-12:15pm 312603.T2
13 to 17 years: 5- 6pm 312605.T2
Advanced Beginner 9 to 12 years: 4-5pm 312615.T2

Dates/Days: Jul 28-Aug 13, Tuesday/Thursday
4 to 6 years: 8:30- 9am 312600.T3
7 to 8 years: 9:05-10:05am 312601.T3
9 to 10 years: 10:10-11:10am 312602.T3
11 to 12 years: 11:15am-12:15pm 312603.T3
13 to 17 years: 5- 6pm 312605.T3
Advanced Beginner 9 to 12 years: 4-5pm 312615.T3

Location: Hover Acres Park, 1361 Charles Drive
Fee: Ages 4-6: \$25/resident/\$31.25 non-resident
Ages 7-17: \$50 resident/\$62.50 non-resident



Preschool Sports

These clinics will be held indoors and/or outdoors and will focus on the basics of the game. Goal Sports clinic will include soccer, lacrosse and scooter hockey. Please have your child wear tennis shoes, bring water and prepare for the weather (sunscreen). Come in and enjoy a workout while the little one burns some energy.

Ages:	3 to 5 years:	Time: 10:30-11:15am	
Goal Sports	Tuesdays	May 5-26	312156.T
	Thursdays	May 7-28	312156.R
	Monday	Jun 1-22	312156.M
	Wednesdays	Jun 3-24	312156.W
Soccer	Monday	May 4-18	312121.M
	Wednesdays	May 6-27	312121.W
	Tuesdays	Jul 7-28	312121.T
	Thursdays	Jul 9-30	312121.R
	Monday	Aug 3-24	312121.M2
	Wednesdays	Aug 5-26	312121.W2
T-ball	Tuesdays	Jun 2-23	312122.T
	Thursdays	Jun 4-25	312122.R
	Mondays	Jul 6-27	312122.M
	Wednesdays	Jul 8-29	312122.W
Basketball	Tuesdays	Aug 4-25	312120.T
	Thursdays	Aug 6-27	312120.R

Location: Longmont Recreation Center, 310 Quail Rd
Fee: \$30 resident/\$37.50 non-resident

Youth Outdoor Archery



Learn shooting skills, safety, scoring, types of equipment and terminology. Archery is an Olympic sport that teaches discipline and concentration. Class is taught by a Level 2 Archery Instructor. All equipment is provided.
Location: Archery Range, South of Hwy 119 on WCR 5

Beginner Archery

Learn shooting skills, safety, scoring, types of equipment and terminology

10 to 17 years:	May 19-Jun 9, Tue, 4:45-5:45pm	312242.B1
	Jun 23-Jul 14, Tue, 4:45-5:45pm	312242.B2
	Jul 28-Aug 18, Tue, 4:45-5:45pm	312242.B3
Fee:	\$40 resident/\$50 non-resident	

Intermediate Archery

Learn aiming techniques, how to avoid bad habits and the fundamentals of tournament archery. Must have instructor's approval to enroll.

10 to 17 years:	May 19-Jun 9, Tue, 6- 7:30pm	312242.T1
	Jun 23-Jul 14, Tue, 6- 7:30pm	312242.T2
	Jul 28-Aug 18, Tue, 6- 7:30pm	312242.T3
Fee:	\$60 resident/\$75 non-resident	

Youth Golf

Sunset Junior Golf Play Day

Let's play some golf! For youth who understand basic golf etiquette and have SOME prior golf experience. You do not have to be a great golfer, just willing to play by the rules! Course tees are set at 150 yards. Play ends at 12:30pm no matter where you are on the course. If you choose, you can buy a \$3 lunch at the club house. Sunset Pool opens at 1pm so head over there to cool down after Golf (pool fees apply). Sign up for 3 Play Days by June 1 to receive the Junior Golf "goodie package". Refunds not available after June 1, but you can transfer to a different day. Call 303-651-8404 for additional information.

8 to 17 years: Wed, 10:30am-12:30pm
Dates: Jun 10, 17, or 24; Jul 15, 22, or 29; Aug 5
Keyword "golf" or basic code 377218
Instructor: Ryan Williams
Location: Sunset Golf Course, 1900 Longs Peak Ave
Daily Fee: \$7

Snag and Brag Golf

This unique approach to learning golf will focus on FUN while learning the basics of club handling, aim, stroke and basic golf form. The SUCCESS driven class incorporates targets and games using the clubs and balls provided. A perfect starter class to get your child hooked on golf.

5 to 6 years:	Jun 2 & 9, Tue, 9- 9:35am	376128.06
	Jun 16 & 23, Tue, 9- 9:35am	376128.6A
	Jul 7 & 14, Tue, 9- 9:35am	376128.07
	Aug 4 & 11, Tues, 9-9:35am	376128.08
7 to 9 years:	Jun 2 & 9, Tue, 9:50-10:25am	376228.06
	Jun 16 & 23, Tue, 9:50-10:25am	376228.6A
	Jul 7 & 14, Tue, 9:50-10:25am	376228.07
	Aug 4 & 11, Tue, 9:50-10:25am	376228.08
Instructor:	Ryan Williams	
Location:	Sunset Golf Course, 1900 Longs Peak Ave	
Fee:	\$26	

Skills to Thrills Junior Golf

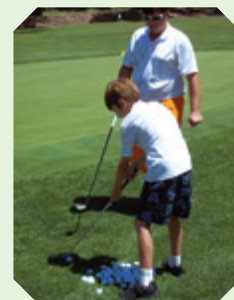
Bring the skills and the thrills will follow. Pick an area you would like to improve upon to get your game going (or renewed). Take the same class twice if you feel you need additional help. Putting fundamentals: Skill sets work on: Safety, putting grip, basic swing stroke, aim.

5 to 7 years:	Jun 11, Thurs, 9-9:50am	376238.06
	Jun 18, Thurs, 9-9:50am	376238.6A
	Jun 25, Thurs, 9-9:50am	376238.6B
	Jul 2, Thurs, 9-9:50am	376238.6C
	Jul 9, Thurs, 9-9:50am	376238.07
	Jul 16, Thurs, 9-9:50am	376238.7A
8 to 11 years:	Jun 11, Thurs, 10-10:50am	376138.06
	Jun 18, Thurs, 10-10:50am	376138.6A
	Jun 25, Thurs, 10-10:50am	376138.6B
	Jul 2, Thurs, 10-10:50am	376138.6C
	Jul 9, Thurs, 10-10:50am	376138.07
	Jul 16, Thurs, 10-10:50am	376138.7A
Instructor:	Ryan Williams	
Location:	Ute Creek Golf Course, 2000 Ute Creek Dr	
Fee:	\$16	

Com-PUTT-ition

Prizes, friendly rivalry, fun! This Chip and Putt challenge is all about the spirit of having fun while enhancing your chipping and putting skills. Intended for children who have intermediate skills. Come a little early to practice before the challenge begins.

8 to 16 years:	Jul 21, Tue, 10-11:30am	376148.07
	Jul 28, Tue, 10-11:30am	376148.7A
Location:	Ute Creek Golf Course, 2000 Ute Creek Dr	
Fee:	\$15	



Basketball Academy

Come join Academy Basketball to improve your overall skills. Join us for fun, excitement, great coaching, skills, drills and games. All skill levels are welcome. Space is limited, so please sign up today.

Grades 3-5: May 4-20, Mon/Wed, 4:15-5:15 312291.A
 Instructor: Legends Youth Athletics
 Location: Longmont Rec Center, 310 Quail Rd
 Fee: \$75 resident/\$93.75 non-resident

Youth Fencing Lessons

Dedicated to terminology, footwork, games, simple attacks and blocks, instruction is simple and each class is lively, building on the skills learned in the previous class. Beginners learn the fundamentals, skills and rules of this fast, fun and intense sport. The Progressive class is for those who have taken the beginner class. All fencing equipment is provided.

8 to 16 years: Thursdays, 6:45-7:30pm
 Beginner: May 28-Jul 2 312252.2
 Jul 9-Aug 13 312252.22
 Progressive: Thursdays, 7:30-8:15pm
 Dates: May 28-Jul 2 312252.1
 Jul 9-Aug 13 312252.12

Instructor: Denver Fencing Academy
 Location: Longmont Recreation Center, 310 Quail Rd
 Fee: \$90 resident/\$112.50 non-resident

Skatestart Plus: Youth Skateboarding Lessons

A special skateboard program geared toward beginners and never-ers. Skatestart Plus focuses on mastering the fundamentals and encouraging participants to push faster, roll faster, and master the basics. All you'll need is water, a snack, shoes, and a desire to learn. We'll get you set up with one of our skateboards & helmet. Certificate of awesomeness awarded at the end of class.



5 to 12 years: Jun 26, Fri, 9am-12pm 312230.06
 Jul 24, Fri, 9am-12pm 312230.07
 Aug 14, Fri, 9am-12pm 312230.08
 Location: Longmont Recreation Center Skate Park, 310 Quail Rd
 Fee: \$55 resident/ \$ 65 non-resident

T-ball & Coach-pitch Baseball

This class focuses on teaching preschoolers how to throw, hit (off a tee for t-ball), run bases, catch balls and all the other fun parts of this great sport. The season concludes with a fun scrimmage on Thurs, July 30 in the evening. Please wear running shoes (no sandals or crocs) and bring a baseball glove and water bottle.

T-ball - 4 to 5 years:
 Jul 6-30, Mon/Wed, 8:30-9:15 312272.M8
 Jul 6-30, Mon/Wed, 9:15-10am 312272.M9
 Jul 7-30, Tue/Thu, 8- 8:45am 312272.T8
 Fee: \$37 resident/\$46.25 non-resident

Coach-pitch Baseball - 6 to 7 years
 Jul 7-30, Tue/Thurs, 9-10am 312282
 Fee: \$45 resident/\$56.25 non-resident
 Location: Clark Centennial Park, Rodriguez Field, 1200 Alpine Street



Volleyball Academy

Come join Academy volleyball and improve your overall skills. Join us for fun, excitement, great coaching, skills, drills and games. All skill levels welcome.

5 to 7 years: May 5-21, Tue/Thurs 4:15- 5:15pm 312298.K2
 8 to 10 years: May 5-21, Tue/Thurs 5:15- 6:15pm 312298.35
 Location: Longmont Recreation Center, 310 Quail Rd
 Fee: \$75 resident/\$93.75 non-resident

Grass Volleyball Academy

Are you interested in playing outdoor volleyball or just want to learn some skills? This is a great way to improve your indoor game and gain skills for grass tournaments. Come join Nicholle and learn great outdoor volleyball in a fun setting.

11 to 14 years: Jun 2-25, Tues/Thurs, 4:15- 5:15pm 312298.GM
 14 to 17 years: Jun 2-25, Tues/Thurs, 5:15- 6:15pm 312298.GH
 Location: Carr Park, 21st & Gay
 Fee: \$90 resident/\$112.50 non-resident

Volleyball Camp

Learn the basic skills of volleyball: serving, setting, hitting and defense. For beginners and intermediate players who want to learn as well as experienced players who want to perfect their skills. Legends Club Coaches instruct using skills and drills along with plenty of fun and excitement. All equipment provided. Please bring water to drink and a great attitude. Sign up for the grade in the 2015-2016 school year.



3-5 grade: Jun 30-Jul 2, Tue-Thurs, 9am-12pm 312296.EL
 6-8 grade: Jun 30-Jul 2, Tue-Thurs, 1-4pm 312296.MS
 High School: Jul 20-22, Mon-Wed, 9am-12pm 312296.HS
 Instructor: Nicholle Snyder
 Location: Longmont Rec Center, 310 Quail Rd
 Fee: \$110 resident/\$137.50 non-resident

Fall Youth Volleyball

A coed, organized team participation program. The emphasis of the program is placed on teamwork, sportsmanship, skill development, fun and participation. All teams play an 8 game schedule with two hours of practice a week. Registration deadline is Aug 23. Practice begins the week of Aug 31 and games begin Sept 12.

Aug 31-Oct 31: Grades 3 & 4: 412423
 Grades 5 & 6: 412425
 Grades 7 & 8: 412427
 Fee: \$70 resident/\$87.50 non-resident



Lacrosse Camp

During a fun and exciting week, learn skills, do drills and get introduced to the fast growing sport in America. Appropriate for beginners, intermediate, and experience players. All equipment and gear is provided. Bring water and a great attitude!

8 to 17 years: Jun 1- 4, Mon-Thurs, 9am-12pm 312295.B1
Jul 13-16, Mon-Thurs, 9am-12pm 312295.B3
Location: Garden Acres East field, 2058 Spencer St

8 to 17 years: Jun 22-25, Mon-Thurs, 9am-12pm 312295.B2
Aug 3- 6, Mon-Thurs, 9am-12pm 312295.B4
Location: Stephen Day Park, 1340 Deerwood
Instructor: Hustle Sports
Fee: \$99 resident/\$123.75 non-resident

Basketball Handling & Shooting Camp

Schell Educational Services, Inc (High Country Dribblers) is pleased to offer a basketball camp that specifically teaches ball-handling (dribbling) and shooting fundamentals. This camp is a great way to build self-confidence and ability! Anna and Katherine will truly TEACH (not just show) young people of all experience levels, the art of ball handling and shooting! Camp includes a basketball.

6 to 12 years: Jul 13-15, Mon-Wed, 8am-12pm 312291.H
Location: Longmont Recreation Center, 310 Quail Rd
Fee: \$75 resident/\$93.75 non-resident

Fencing Camps

These focused and fun camps are offered by truly outstanding coaches. Camps include all fencing equipment and a camp water bottle.

Instructor: Denver Fencing Academy
Location: Longmont Recreation Center, 310 Quail Rd
Single Camp Fee: \$200 resident/\$250 non-resident
Register for both Camps and bring a lunch: 312297.2
Fee: \$350 resident/\$437.50 non-resident

Jedi Training Camp

Long, long ago in a galaxy far, far away the Jedi Knights protected the innocent from evil doers. Learn how to train their mind and body to become the greatest heroes of all time. Learn how to use the light sabers in theatrical fighting, participate in strength and agility training using various exercises and games, learn Jedi lore and history and learn how to put together a massive battle.

8 to 18 years: Aug 3-7, Mon-Fri, 9am-noon 312297.B

Fencing Camps

Designed for all skill levels, this camp includes an introduction to the history of fencing, footwork and blade work (parries and ripostes). The program also provides for intermediate and progressive saber fencers.

8 to 18 years: Aug 3-7, Mon-Fri, 1- 4pm 312297.1



Fall CARA Lacrosse League

A coed team program with an emphasis on fun and participation. Saturdays games are played in Longmont or surrounding communities. Mandatory Equipment: stick, gloves, arm pads, shoulder pads, mouth piece, protective cup and NOCSAE approved helmet. Rib pads are recommended. All equipment shall conform to NFHS rules.

Dates: Aug 17-Oct 10
6 to 8 years: 312264.B6
8 to 10 years: 312264.B8
10 to 12 years: 312264.B0
12 to 14 years: 312264.B2
Location: Sandstone Ranch, 3001 E Hwy 119
Fee: \$60 resident/\$75 non-resident

Learn Ultimate Frisbee

Join the Craze. Ultimate Frisbee is an exciting, non-contact co-ed team sport that combines elements from soccer, basketball, and football into one high-energy game. Experienced players coach skill clinics and coordinate games in this fun, lighthearted environment. Enjoy the family discount when registering.

12 & up: July 8-29, Wed, 6-7:30pm 312328.UF
Instructor: Grass Root Ultimate
Location: Roosevelt Park, 700 Longs Peak Ave
Fee: \$20 resident/\$55 non-resident;
\$10 each additional family members

CARA Cross Country

Run long distance and gain exposure to and compete in a meet appropriate to age and skill level. Practices are coed. Optional meets are held on Saturdays and/or Sundays. You must provide a copy of a birth certificate at time of registration (or at first practice if registering on-line). Bring water bottle to practice.



9-14 years: Aug 31-Oct 10, Mon/Wed, 5-6pm 412262.MW
Location: Sandstone Ranch Turf Fields, 3001 Hwy 119
Fee: \$40 resident/\$50 non-resident
Optional extra Friday practice for advanced runners to work toward end-of-season 5K race. 412262.F
Fee: \$20 resident/\$25 non-resident

Fall Intramural Soccer for Middle School

Fall team registration will begin the first part of August. Practices will begin after the St. Vrain Valley School year begins with games scheduled for September and October. Practices and games will be held at participating schools. Call Centennial Pool for more information – 303-651-8406.

